

SPECIFIC MEASURES FOR AN ASYMPTOMATIC PERSON WHO HAS BEEN IN CONTACT WITH A CONFIRMED CASE

Besides from basic hygiene, the person shall:

- Self-monitor for symptoms, namely:
 - Measure and record body temperature twice a day, in the morning before leaving, and at night after arriving (check annex 2: Self-monitoring model for body temperature and symptoms);
- Remain in preventive isolation for 14 days, certified by the Health Authority, and inform the responsible person for each institution;
- Call the SNS24 hot line and inform about contact with the confirmed case; in case the person experiences any symptoms, going to hospital or to a health centre should only occur upon advisement from the SNS24 hot line.

Check flow chart below.

